

Family Dynamics
Games Families Play – Part 1 of 4
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The Root of Unhealthy Family Dynamics

Genesis 3:16-18 To the woman he said, “I will surely multiply your pain in childbearing; in pain you shall bring forth children. Your desire shall be contrary to your husband, but he shall rule over you.” ¹⁷ And to Adam he said, “Because you have listened to the voice of your wife and have eaten of the tree of which I commanded you, ‘You shall not eat of it,’ cursed is the ground because of you; in pain you shall eat of it all the days of your life; ¹⁸ thorns and thistles it shall bring forth for you; and you shall eat the plants of the field. ESV

How Family Dynamics Work

God’s Help for Healthy Family Dynamics

Comments by Dr. Nathan Lewis
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God’s Word is the Solid Foundation for Family Life

“Therefore, everyone who hears these words of Mine and puts them into practice is like a wise man who built his house on the rock. ²⁵ The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. ²⁶ But everyone who hears these words of Mine and does not put them into practice is like a foolish man who built his house on sand. ²⁷ The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.” NIV84

God's Love Sets the Right Temperature

John 13:34-35 A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. ³⁵By this all people will know that you are My disciples, if you have love for one another." ESV

Philippians 2:3-4 Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. ⁴Let each of you look not only to his own interests, but also to the interests of others. ESV

Heart Attitude #1: "Put the goals and interests of others above my own."

My Next Step today is to...

- For the first time, accept Jesus as my Savior and commit to follow Him as Lord
- Let God's Word set the temperature in my family relationships and friendships