

Sermon on the Mount

Matthew chapters 5 to 7

Part 6

Matthew 6.1-18

Giving to the needy (vv1-4)

Prayer (vv5-15)

Fasting (vv16-18)

3 things

1) giving to the needy

2) praying

3) fasting

The importance of
doing things
without
drawing attention to
yourself.

3 things

1) giving to the needy

2) praying

3) fasting

3 things

i) hypocrisy

ii) secrecy

iii) rewards



speaking



listening



waiting

listening

waiting

speaking

waiting

listening

speaking

Heavenly

Traffic

Lights

Fasting

- **Voluntary**
- **OT - Mourning, repentance, deep spiritual need**
- **NT- worship / focus on the Lord**
- **NT - guidance**
- **Not confined to abstinence from food**
- **Personal or collective**
- **Great variation in frequency, degree & duration**
- **Jesus assumed His disciples would fast**

Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.

Colossians 3.23 & 24