

Theme: **And Justice for All (Romans)**

Title: **“From Lament to Repent”**

Reading: **Galatians 5.16-26** † Text: **Romans 7.13-25**

Lamenting Over Actions (Romans 7.14-17)

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Lamenting Over the Inability to Control Actions (Romans 7.18-20)

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Lamenting Over the War Within (Romans 7.21-25)

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**JOURNEY: J - JESUS**

**NEXT STEP(S): LIVE**



**Way Point** – a navigational landmark or GPS coordinate. The term way point reminds us that:

- Jesus is the leader on our JOURNEY (the Way points the way).
- Our JOURNEY should be pointing others to the Way (Jesus).

**Way Point:** *“Father, thank you for your patience with me. But now, I repent of my complaining and for only lamenting, and for whatever else I have done against You. From here forward, prepare me to truly live by repenting more than lamenting knowing you will use me if I am willing.”*

**Weekly Nugget:** The book of Lamentations is not just a random collection of laments. Each chapter in the book contains laments organized alphabetically within each chapter. The Hebrew alphabet has 22 letters, and each verse of each chapter starts with the next letter except chapter three which uses each letter three times within the chapter.