

# Don't Settle

## *A Bowl of Soup*

### 1. We settle when we're tired

**Genesis 25:29–32** Once when Jacob was cooking some stew, Esau came in from the open country, famished. <sup>30</sup> He said to Jacob, “Quick, let me have some of that red stew! I’m famished!” (That is why he was also called Edom.) <sup>31</sup> Jacob replied, “First sell me your birthright.” <sup>32</sup> “Look, I am about to die,” Esau said. “What good is the birthright to me?” (NIV)

**Isaiah 40:29–31** He gives power to the weak, And to those who have no might He increases strength. <sup>30</sup> Even the youths shall faint and be weary, And the young men shall utterly fall, <sup>31</sup> But those who wait on the LORD Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint. (NKJV)

### 2. We settle for instant gratification

**Genesis 25:30** He said to Jacob, “Quick, let me have some of that red stew! I’m famished!” (That is why he was also called Edom.) (NIV)

### 3. We settle because we don't see the future blessing

**Genesis 25:32** “Look, I am about to die,” Esau said. “What good is the birthright to me?” (NIV)

**Acts 7:32** ‘I am the God of your fathers, the God of Abraham, Isaac and Jacob.’ Moses trembled with fear and did not dare to look. (NIV)

### 1. Your best life happens by choice

**Genesis 25:34** Then Jacob gave Esau some bread and some lentil stew. He ate and drank, and then got up and left. So Esau despised his birthright. (NIV)

### 2. Your best life happens by change

**Hebrews 12:17** Afterward, as you know, when he wanted to inherit this blessing, he was rejected. Even though he sought the blessing with tears, he could not change what he had done. (NIV)

**Write Down Two Areas You Want To Change In 2018**

### 3. Your best life happens by consistency

**Write Down Two Ways You Can Be More Consistent In 2018**